



BASKETBALL ASSOCIATION OF SINGAPORE

OFFICIAL TOURNAMENT HANDBOOK BAS U23 MEN'S & WOMEN'S LEAGUE, 2026

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PREAMBLE

This document outlines the rules and regulations for the conduct of and participation in the Basketball Association Singapore (BAS), basketball tournaments. These rules and regulations should be interpreted and implemented in alignment to the spirit of the BAS's mission:

To build a trustworthy and sustainable Basketball ecosystem through growing participation, betterment of the livelihood of athletes, coaches, officials and inclusivity of all stakeholders.

To serve the fraternity and inspire the future generations through Basketball.

SECTION A – ADMINISTRATIVE RULES AND REGULATIONS

1 Governing Bodies

- 1.1 The BAS U23 MEN'S & WOMEN'S LEAGUE 2026 shall be organised by the Basketball Association of Singapore (BAS).
- 1.2 All matches shall be conducted strictly in accordance with the FIBA Official Basketball Rules 2024, including all official interpretations, amendments, and clarifications issued by FIBA.
- 1.3 All matters relating to playing equipment, uniforms, and court specifications shall comply with the FIBA Uniform Approval Guidelines (July 2023).
- 1.4 In matters relating to game play, officiating, and technical interpretation, the FIBA Official Basketball Rules 2024 shall prevail. In matters relating to administrative, eligibility, disciplinary, scheduling, and competition management issues, these BAS Tournament Regulations shall prevail. In the event of ambiguity, BAS shall interpret these Regulations in a manner consistent with FIBA principles.

SECTION B – REGISTRATION ELIGIBILITY

2 Team Registration

- 2.1 Any team is allowed to register and participate in the BAS U23 Men's & Women's League, subject to compliance with the league's registration requirements and eligibility rules.
- 2.2 Each team is required to register a minimum of twelve (12) and a maximum of fifteen (15) players for the competition.
- 2.3 For each match, a maximum of fifteen (15) players may be listed on the match roster to play in the match. The Team Manager shall submit the official first five (5) players in team roster to the referees no later than twenty (20) minutes prior to the scheduled start of the match.
- 2.4 Each team shall designate one (1) player as Team Captain for each submitted match roster.

3 Player Eligibility

- 3.1 All players must be duly registered with BAS before participating in any match.
- 3.2 Eligible players must be twenty-three (23) years of age or younger and must be born in 2003 or later.



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- 3.3 Players must be Singapore Citizens, Permanent Residents or valid long-term pass holders, i.e. holders of valid Student Pass, Dependent Pass, Long-term Visit Pass, S-Pass, Work Permit or Employment Pass.
- 3.4 Players below eighteen (18) years of age must submit a signed parental consent form and indemnity form prior to participation in the competition.
- 3.5 To safeguard the safety and well-being of all participants, BAS reserves the right, at its sole discretion, to refuse, disqualify, or remove any player whose health condition, physical fitness, or playing capability does not meet the required standard for participation in the tournament.
- 3.6 Players who are currently part of the 3x3 National Team are not eligible to for this tournament. For list of ineligible players, refer to clause 17.1.

SECTION C – DUTIES OF THE TEAM

4 Team Officials

- 4.1 Each team shall register a minimum of three (3) and a maximum of eight (8) team officials, comprising:
 - One (1) Team Manager
 - One (1) Head Coach
 - Up to two (2) Assistant Coaches
 - Up to two (2) Team Officials
 - Up to two (2) Team Followers (e.g. Physiotherapist or Media Crew)
- 4.2 The Team Manager must be at least twenty-one (21) years of age.
- 4.3 All coaches must possess a minimum SG-Coach Level One certification or equivalent and submit proof to BAS by the stipulated deadline.
- 4.4 Only registered team officials are permitted to be seated on the team bench during matches.
- 4.5 Dual roles are strictly prohibited. Coaches and team officials shall not be concurrently registered as players.

5 Attire

- 5.1 All teams shall supply attire as described in the FIBA Uniform Approval Guidelines (July 2023) document. The key requirements are listed in the subclauses that follow.
- 5.2 Teams must have a minimum of 2 sets of uniforms of different colours and:
 - a) The first team named in the schedule (left column) shall be the home team and shall wear light- coloured jersey (preferably white).
 - b) The second team named in the schedule (right column) shall be the visiting team and shall wear dark-coloured jerseys.
 - c) However, if the 2 teams agree, they may interchange the colours of jersey. This arrangement shall be made known to the game officials at least 20 minutes before the start of the game.
- 5.3 Each team member shall wear a shirt numbered on the front and back with plain numbers, of a colour contrasting with the colour of the shirt. The numbers shall be clearly visible and:
 - a) Those on the back shall be at least 16 cm high.



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- b) Those on the front shall be at least 8 cm high.
 - c) The numbers shall be at least 2 cm wide.
 - d) Teams may only use numbers 0 and 00 and from 1 to 99.
 - e) Players on the same team shall not wear the same number.
 - f) Any advertising or logo shall be at least 4 cm away from the numbers.
- 5.4 All equipment used by players must be appropriate for the game. Any equipment that is designed to increase a player's height or reach or in any other way give an unfair advantage is not permitted.
- 5.5 Players shall not wear equipment (objects) that may cause injury to other players.
- 5.6 Items not permitted include:
- a) Finger, hand, wrist, elbow or forearm guards, helmets, casts or braces made of leather, plastic, pliable (soft) plastic, metal or any other hard substance,
 - b) even if covered with soft padding.
 - c) Objects that could cut or cause abrasions (fingernails must be closely cut).
 - d) Hair accessories and jewellery.
- 5.7 Items permitted are as follows:
- a) Upper arm, thigh or lower leg protective equipment if sufficiently padded.
 - b) Arm and leg garments, including undershirts and undershorts, made of compression material.
 - c) Headgear. It shall not cover any part of the face entirely or partially (eyes, nose, lips etc.) and shall not be dangerous to the player wearing it and/or to other players. The headgear shall not have opening/closing elements around the face and/or neck and shall not have any parts extruding from its surface.
 - d) Knee, shoulder and ankle braces.
 - e) Protector covering an injured nose, even if made of a hard material.
 - f) Non-coloured transparent mouth guard.
 - g) Spectacles, if they do not pose a danger to other players.
 - h) Wristbands and headbands, maximum of 10 cm wide textile material.
 - i) Taping of arms, shoulders, legs etc.
- 5.8 All players on the team must have all their arm and leg compression garments including undershirts and undershorts, headgear, wristbands, headbands and tapings of the same solid colour.
- 5.9 During the game a player may wear shoes of any colour combination. No flashing lights, reflective material or other adornments are permitted.



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- 5.10 During the game a player may not display any commercial, promotional or charitable name, mark, logo or other identification including, but not limited to, on the player's body, in the hair or otherwise.
- 5.11 Any other equipment not specifically mentioned in this article must be approved by the Technical Commission.
- 5.12 Team Officials must be in proper attire during the competition (no slippers or sandals allowed; wearing covered shoes is compulsory).

SECTION D – Competition details

6 Competition rules

- 6.1 Teams will be ranked according to their accumulated number of points.
- 6.2 Points will be awarded to teams based on the following:
 - a) 2 points – Win
 - b) 1 point – Loss (including by default)
 - c) 0 point – Loss by forfeit
- 6.3 Tie-Break between Two (2) Teams shall be resolved according to the following, in order:
 - 6.3.1 Forfeit rule

The Team that has forfeited any match shall be ranked last among the tied teams.
 - 6.3.2 Head-to-head result

The winner of the match played between the two (2) tied Teams shall be ranked higher.
 - 6.3.3 Other criteria if still tied

If the tie remains unresolved, the following criteria shall apply in sequence:

 - a) Point difference (all matches in the group)
 - b) Points scored (all matches in the group)
 - c) Drawing of lots (between the two tied teams)

For avoidance of doubt, the results of any team not involved in the tie, which has forfeited a match due to failing to start, shall be disregarded in the calculation of tie-break criteria.
- 6.4 Tie-Break Between Three (3) or more Teams shall be resolved according to the following, in order:
 - 6.4.1 Forfeit rule

Any participant / team that has forfeited a match shall be ranked last among the tied teams.
 - 6.4.2 Mini table (Head-to-Head Among Tied Teams)

Only the results of matches played among the tied participants / teams shall be considered. League points shall be recalculated based solely on matches between the tied teams.
 - 6.4.3 Other criteria if still tied

If the tie remains unresolved, the following criteria shall apply in sequence:



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- 1) Points Difference (only among the tied teams)
- 2) Points Scored (only among the tied teams)
- 3) Points Difference (all matches in the group)
- 4) Points Scored (all matches in the group)
- 5) Drawing of lots (among the remaining tied teams)

6.4.4 Reversion to Two-Team Tie

At any stage of the tie-break process, if the tie is reduced to two (2) participants / teams, the winner of the match played between those two (2) teams shall be ranked higher.

6.4.5 Drawn head-to-head match

If the match between the two remaining tied teams ended in a draw, the tie shall be resolved by continuing with the subsequent tie-break criteria stated above.

6.5 A team shall lose a game by default if, during the game, the team has fewer than 2 players on the court ready to play.

6.6 For games lost by default, the scoring shall be as follows:

- a) If the team to which the game is awarded is ahead, the score shall stand as at the time when the game was stopped.
- b) If the team to which the game is awarded is not ahead, the score shall be recorded as 20 to 0 in its favour.
- c) The defaulting team shall receive 1 point in the classification.

6.7 A team shall lose the game by forfeit if,

- a) the team is not present or is unable to field 5 players ready to be playing 15 min after the game is scheduled to start.
- b) its actions prevent the game from being played.
- c) it refuses to play after being instructed to do so by the crew chief (Referee).

6.8 For games lost by forfeit, the scoring shall be as follows:

- a) The game shall be award to the opponents, and the score shall be 20 to 0.
- b) The forfeiting team shall receive Zero (0) classification points.
- c) If in a tournament the team forfeits for second time, the team shall be disqualified from the tournament and results of all games played by this team shall be nullified.

6.9 In the event of an abandoned game, the game time, score, and statistical records will be retained and continued if the match is resumed at a later and time.

6.10 In the event of an abandoned game due to unforeseen or unsafe circumstances, the Tournament Committee determines whether the game shall:

- a) resume from the exact time and score at which it was stopped.



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b) be replayed in full; or

c) be declared void.

Only players and team officials listed on the original scoresheet shall be eligible to participate in a resumed match.

7 Technical, unsportsmanlike and disqualifying fouls

7.1 Disqualifying fouls given to a player or coach shall result in the recipient of the foul being automatically ejected from the game. In addition, the disqualifying foul shall be subject to review and may result in:

1) A minimum one (1) game suspension.

d) A fine; or

e) Additional sanctions deemed appropriate by a review committee.

7.2 Technical Fouls will be observed and followed as stated in Article 36 of the Official Basketball Rules 2024. Any Player, Head Coach, Assistant Coach, Team Official, and other Team Personnel who commits more than three (3) technical fouls during the season will merit the following fines and sanctions:

No. of Offenses	Team Fine	Additional Sanction
4	-	1 Game Suspension
5	\$300	1 Game Suspension
6	\$400	2 Game Suspension
7 and each succeeding instance	\$500	Disciplinary Inquiry with Immediate Suspension

7.3 Unsportsmanlike Fouls will be observed and followed as stated in Article 37 of the Official Basketball Rules 2024. Any Player who commits at least three (3) Unsportsmanlike fouls or more during the season will merit the following fines and sanctions:

No. of Offenses	Team Fine	Additional Sanction
4	-	1 Game Suspension
5	\$300	2 Game Suspension
6 and each succeeding instance	\$500	Disciplinary Inquiry with Immediate Suspension

7.4 Disqualifying Fouls will be observed and followed as stated in Article 38 of the Official Basketball Rules 2024. Any Player, Head Coach, Assistant Coach, Team Official, and other Team Personnel who have incurred a disqualifying foul during the season will merit the following fines and sanctions:

No. of Offenses	Team Fine	Additional Sanction
2	-	1 Game Suspension
3	\$500	2 Game Suspension
4	\$800	Disciplinary Inquiry with Immediate Suspension



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- 7.5 Failure to leave the playing area as required by Article 36.2.3, Article 37.2.3, and Article 38.3.2 of the Official Basketball Rules 2024 shall merit an automatic fine of Singapore Dollar One Thousand (\$ 1,000.00) only and/or a suspension as deemed appropriate by the league/organizer.

8 Unruly behaviour

- 8.1 Any player, coach or team bench personnel who engages in fighting shall be suspended for a minimum of one (1) game.
- 8.2 Any bench personnel who leave the bench area during a fight situation shall be suspended for a minimum of one (1) game, regardless of whether the person makes physical contact with those involved in the fight.
- 8.3 More serious acts of violence may result in multiple-game suspensions, fines, or expulsion from the competition.

9 Suspensions and ineligibility

- 9.1 Suspensions shall apply to the next scheduled game(s) within the same competition.
- 9.2 A suspended individual shall not:
- a) sit on the bench.
 - b) enter the court.
 - c) participate in any official team activities during the suspension period.
- 9.3 Players that do not meet registration requirements or are currently serving a suspension shall be deemed as ineligible. A team that fields an ineligible player or team official shall:
- a) forfeit the match.
 - b) be fined; and
 - c) may be subject to further disciplinary action.
- 9.4 A team will only be allowed to field a suspended player or team official after all their sanctioned penalties are fulfilled.

10 Protests

- 10.1 Any team wishing to protest the result of a match must do so immediately at the end of the game and inform the referee, and follow the procedure described below:
- a) The team captain shall inform the crew chief no more than 15 minutes following the end of the game. If the team is protesting against the result of the game and shall sign the scoresheet in the 'Captain's signature in case of protest' column.
 - b) To validate the protest, BAS must receive a detailed written explanation and the S\$500 deposit within 12 hours or next day before 1200h whichever is earlier shall be paid in case the protest is rejected. The organizers' decision shall be final. If the protest is upheld, the security bond will be refunded. Teams must continue to play their scheduled matches while awaiting the protest outcome.



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- c) Protests based solely on a decision involving the accuracy of judgement on the part of a referee shall not be considered by the organising committee. (e.g., fouls, violations, out-of-bounds decisions)

10.2 All other protests must be submitted in writing to BAS by 10:00 am on the day following the match in question and must be followed up with a full written report within 24 hours from the end of the match. Protests that do not meet these requirements will be disregarded.

11 Disciplinary matters

- 11.1 The Tournament Director shall have the authority to impose fines, suspensions and other disciplinary measures in accordance with these Rules and Regulations and consistent with FIBA principles.
- 11.2 All decisions of the Tournament Director shall take immediate effect unless otherwise stated.
- 11.3 Serious cases may be referred to the Disciplinary Committee for further action.
- 11.4 Any menacing, intimidation, or acts of violence towards the opponents, Referees, Table Officials, Game Supervisors, or BAS representatives will result in disciplinary action.
- 11.5 If a team commits an infraction that may result in disciplinary penalties, the team must submit a written report to BAS on the day following the game.
- 11.6 A fine of \$500 may be imposed on any team that loses a game by forfeit, and the case may be referred to by the Disciplinary Committee. A second forfeit by the same team may result in disqualification from the competition.
- 11.7 The use of unregistered player(s) may result in the disqualification of the team from the competition, and the team may be referred to the Disciplinary Committee.

12 Equipment

- 12.1 All matches shall be played using Molten BG 4500, Size 6 for women and Molten BG 4500, Size 7 for men as the official tournament ball.

13 Awards and prizes

- 13.1 Trophies may be awarded to the top 3 teams only.
- 13.2 Individual medallions may be awarded to players from the top 4 teams.
- 13.3 Cash awards of \$1000, \$800 & \$600 will be awarded to the top three teams, respectively.
- 13.4 **Finals Most Valuable Player (Finals MVP)** is awarded to the top-performing (1) player in the championship game, recognizing his/her exceptional contribution to the team's success.

14 Medal ceremony

- 14.1 The ceremony will take place immediately after the Finals.
- 14.2 The top 4 teams must attend the ceremony, with a minimum of 10 registered players present.
- 14.3 All players and team officials must be properly attired when attending the ceremony (no slippers or sandals; Wearing covered shoes is compulsory).



SECTION E – OTHER RULES

15 Insurance, Indemnity, and Media Rights

- 15.1 Participating teams are responsible for providing insurance coverage for all players and team officials.
- 15.2 Team Officials and Team Participants assume full responsibility for any mishap or injury that may occur during or because of their participation in BAS U23 Men's & Women's League 2026.
- 15.3 The Team agrees not to hold BAS, its staff, volunteers, or agents responsible for any damage to, or loss of property or life that may occur during the event or arise in connection with the event.
- 15.4 By registering for and participating in this event, Team Officials and Team Participants consent to interviews, photography, audio recordings, video recordings, and their release, publication, exhibition, or reproduction for news, webcasts, promotional purposes, telecasts, advertising, website inclusion, or any other uses deemed appropriate by the Basketball Association of Singapore (BAS), its vendors, partners, affiliates, and representatives. They agree to release the Organizers of Women's NBL Div 1 2026, including its officers and employees, from any liability related to the creation, recording, digitising, or publication of these materials.

16 Final Authority and Amendments

- 16.1 BAS reserves the right to amend, add to, or vary these Tournament Regulations at any time.
- 16.2 For any issues not explicitly covered by the rules, the decision of the Basketball Association of Singapore (BAS) shall be deemed final and binding. BAS reserves the right to amend, add or remove any rules as deemed necessary to ensure the proper conduct of the competition. Failure to comply with these rules & regulations, even in the absence of a specifically stated penalty, may result in disciplinary action. Such actions will be determined at the sole discretion of BAS, and its decisions on these matters shall be final and conclusive.
- 16.3 Where the Tournament Committee is satisfied that the team has not complied with any provisions of this regulation for which no penalty is expressly provided, that may result in disciplinary penalties and the decision of the BAS, or the organizer shall be final.
- 16.4 In the event of any questions or matters arising out of any point, which is not expressly provided for in any of the rules governing the competition, the decision of the BAS or the organiser shall be final.



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SECTION F – REGISTRATION PROCEDURE

17 Current eligibility

- 17.1 The following players are currently part of the 3x3 National Team and not eligible to play in this tournament:

Women's Team

- 1) Choo Syn Ee, Denise
- 2) Lai Hor Ying, Matilda
- 3) Lim Lek Kar

Men's Team

- 1) ANG TZE HAW BRYAN
- 2) CHING ZHEN YU
- 3) LI SIYI
- 4) LIAM RICHARD ARMAN BLAKNEY
- 5) MICHAEL KESEVAN KANKAM
- 6) MOHAMED FAIZAL MOHAMED ZAHID
- 7) CHEW YAN ZONG JEREMY
- 8) KARL DAHLEN PHUA

18 Team Managers' Meeting

- 18.1 The Team Managers' Meeting will be on **28 Jul 2026 Wed, 8pm.**
- 18.2 The Team Managers' Meeting will be conducted in the Conference Room of the Singapore Basketball Centre.
- 18.3 All U23 Team Managers are required to submit the following documents to chua_ping@bas.org.sg no later than **22 Jul 2026**, 1800h:
- a) Completed Registration Form (word document)
 - b) Signed Indemnity Form (soft copy)
 - c) Signed Declaration Form (soft copy)
 - d) Team Logo (soft copy)
 - e) Payment Contact Details:
 - f) Payee Name



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- g) Email Account
- h) Handphone Number
- i) Registration fee

18.4 Upon receipt and verification of the above documents, BAS will issue an official invoice for payment. Kindly ensure that all documents are submitted by the stated deadline to facilitate timely processing. Late or incomplete submissions may result in delays or disqualification.

19 Registration Fee

19.1 The registration fee for this tournament is shown in the table below. The base amount covers a team of Singapore Citizens and up to 2 players who are non-Singaporeans. (Refer to 3.3 for definition of non-Singaporeans). For each additional non-Singaporean registered, \$50 will be added to the registration fee, to be capped at the amount shown in the column on the right.

Organization type	Base registration Fee	Additional non-SC players	Registration fee cap
BAS Full / Associate Member	\$1200	\$50 per player	\$1500
Non- Member	\$1400	\$50 per player	\$1800

Example 1:

An Associate member organization registers a team comprising 5 Singaporeans and 10 non-Singaporeans. The registration fee will be calculated based on the addition of 8 (10-2) non-Singaporeans:

$$\$1200 \text{ base amount} + (\$50 \times 8) = \$1600.$$

However, since the cap is \$1500, the registration fee due will be \$1500.

Example 2:

An non-member organization registers a team comprising 8 Singaporeans and 4 non-Singaporeans. The registration fee will be calculated based on the addition of 2 (4-2) non-Singaporeans:

$$\$1400 \text{ base amount} + (\$50 \times 2) = \$1500.$$

Example 3:

An non-member organization registers a team comprising 14 Permanent Residents. The registration fee will be calculated based on the addition of 12 (14-2) non-Singaporeans:

$$\$1400 \text{ base amount} + (\$50 \times 12) = \$2000.$$

However, since the cap for non-member organizations is \$1800, the registration fee due will be \$1800.

20 Playing Uniforms

20.1 Teams are required to send BAS a design of their Home and Away Jerseys for visual approval by **22 Jul 2026, 1800 hours**.

21 Competition Schedule



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- 21.1 The competition will be held on 6 Aug 2026 (Thurs). All games will be played at the Singapore Basketball Centre.
- 21.2 Official communications shall be issued via email to registered Team Managers. WhatsApp communications shall serve as supplementary notifications only. In the event of discrepancies, the official email communication shall prevail. All participating teams are required to play all their scheduled matches until they are eliminated from the competition.
- 21.3 A Club may request postponement and rescheduling of a Match if at least five (5) or more Players from their squad have been officially called up to represent the National Team or representative teams in any official International Match or International Competition.
- 21.4 BAS reserves the right to make changes to the competition schedule, including date and time of the matches, if necessary. The BAS Tournament Committee's decision is final.