

ATHLETE'S CODE OF CONDUCT

Basketball Association of Singapore (BAS)

1. Purpose and Scope

This Athlete's Code of Conduct ("Code") sets out the standards of behaviour and obligations expected of all athletes representing the **BAS** and the **Republic of Singapore**. It aims to promote professionalism, integrity, and excellence in sport while ensuring a safe and respectful sporting environment.

All athletes are required to read, understand, and comply with this Code as a condition of their participation in the BAS's programmes, competitions, and activities.

2. Definitions and Interpretation

In this Agreement, unless the context otherwise requires, the following terms shall have the meanings ascribed to them below:

"Athlete life development" means the Athlete's education, career, and personal development.

"Coach" means pathway development coach, youth team coach, and any other coach who is engaged/appointed by the NSA to train and develop the Athlete.

"High Performance Sport development plan" for athletes means a comprehensive strategy and operational plan designed to optimize the athletic performance and development of individual athletes or teams, to maximise their potential in pursuit of elite athletic achievement. It typically comprises the athlete's yearly planning instrument (i.e., training and competition plans), athlete life planning, and sport science support, etc.

"High Performance Sport personnel" refers to coaches, trainers, and other professionals appointed by the NSA who provide support to athletes to perform at the elite level.

"Safe Sport Unified Code" shall mean the code that defines the forms of abuse and harassment which may take place in the sporting environment, as set out at www.safesport.sg/safe-sport-programme/unified-code and as may be amended from time to time;

"Safe Sport Programme" is a framework for applying, implementing, and enforcing the Safe Sport Unified Code.

“National Sports Association” or “NSA” refers to the sports association recognised by Sport Singapore and the International Federation as the local governing body for the sport. In this instance, BAS.

“Prohibited Substances and Methods” means whether particular substances or methods are banned in particular sports, as listed by the World Anti-Doping Agency (WADA) on WADA’s website at: <https://www.wada-ama.org/en/prohibited-list>. The list is updated by WADA annually and is the International Standard defining what is prohibited In-Competition and Out-of-Competition. WADA reviews and updates the List annually. The updated Prohibited List comes into effect on 1 January every year.

“World Anti-Doping Code” refers to the core document that harmonizes anti-doping policies, rules, and regulations within sport organizations and among public authorities around the world. It works in conjunction with the International Standards that aim to foster consistency among anti-doping organizations in various areas.

“Testing Pools” means the groups of athletes who are subject to doping control testing.

“Therapeutic Use Exemption” or “TUE” allows an Athlete with a medical condition to use a Prohibited Substance or Prohibited Method, but only if the conditions set out in Article 4.4 of the World Anti-Doping Code and the International Standard for Therapeutic Use Exemptions are met. The authorisation for an athlete to take a medication that is used for genuine and legal therapeutic purposes comes with prior approval granted by an independent TUE Committee as assigned by the ADS.

3. Athlete Responsibilities

3.1 High Performance and Life Development

The athlete shall:

- a) Collaborate and take active ownership with the coach, NSA, and/or SportSG for both his High-Performance Sport development and athlete life development.
- a) For High Performance Sport development, ensure that his coach collaborates with the NSA's high-performance personnel and SportSG to fulfil his High-Performance plan.
- b) Comply with his High-Performance Sport development plan to the best of his abilities. Provide regular updates on his performance progress and personal development to the NSA. This includes the submission of achievements and receipts where necessary.
- c) Promptly inform the NSA regarding any changes to personal and medical particulars, as well as training, competition, and personal development plans.

- d) Represent the Republic of Singapore in all NSA-designated training camps, competitions, and events. If the Athlete is unable to attend, he must inform the NSA within 3 days of being notified of such camp, competition, or event, citing reasons and documentary proof (exams, overseas, etc).
 - e) Refrain from participating in any competition that is not permitted under the policies of the NSA.
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4. Medical and Physical Fitness, Information and Research

The athlete agrees and consents to:

- a) Maintain the highest level of health and physical fitness.
 - b) Notify the coach and NSA immediately of any injury or illness that interrupts training for three (3) or more consecutive days.
 - c) Keep the NSA informed of any medical conditions or changes to their physical status during the term of this Code.
 - d) Take full responsibility if any injury is sustained outside of the national team's training or competition.
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5. Compliance with the World Anti-Doping Rules

The athlete agrees to:

- a) Recognise Anti-Doping Singapore (ADS) as the national anti-doping organisation of Singapore, possessing the primary authority to adopt and implement anti-doping rules, direct the collection of samples, manage test results, and conduct disciplinary hearings, at the national level.
- b) Be familiar with the rights and responsibilities of an athlete, in the context of anti-doping in sport as stipulated in the Anti-Doping Policy of Singapore and the ADS Anti-Doping Rules adopted and implemented in pursuant with the Code.
- c) Submit to unannounced doping control tests when required by ADS, the NSA, SportSG, the International Federation, the International Olympic Committee, or any other anti-doping organisation.
- d) Provide prompt and accurate whereabouts information when included in the Testing Pools of ADS or their International Federation, or whenever required by any other anti-doping organisation.
- e) Submit timely Therapeutic Use Exemption applications to ADS or the International Federation, where relevant, as soon as a medical condition requiring the use of a Prohibited Substance or Prohibited Method for treatment is diagnosed.
- f) Take responsibility to ensure he receives anti-doping education by completing appropriate resources provided by ADS and/or other Anti-Doping Organizations. (e.g.

World Anti-Doping Agency (WADA)'s Anti-Doping Education & Learning (ADEL) platform.

- g) The submission of personal and medical information and data to ADS in accordance with the ADS Anti-Doping Rules shall be deemed to have been made with the agreement by the Athlete that such information and data may be utilised by ADS, such organisation or person for the implementation of the ADS Anti-Doping Rules.
 - h) The provisions of this section are in addition to and are in no way intended to limit the scope of the obligations set out in the Anti-Doping Policy of Singapore, the ADS Anti-Doping Rules, or to define the ambit of the ADS Anti-Doping Rules.
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6. Apparel and Equipment

The athlete agrees to:

- a) Wear and use designated team clothing and equipment whilst competing or carrying out any sports-related activities required by the NSA.
 - b) Neither use nor permit the use of such designated team clothing and equipment for any commercial purpose without prior written consent of the NSA and SportSG.
 - c) Not wear a political emblem when the Athlete may be identified as a national athlete of Singapore, or when the Athlete is participating in any sporting competition.
 - d) Abide by the NSA's sponsors' obligations and refrain from wearing competing brands of apparel and/or equipment when you are representing the national team, unless prior approval has been sought. (Always ask if you are in doubt)
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7. National Representative, Sports Ambassador & Role Model

As a national representative, the Athlete recognises that his/her behaviour will reflect on the country, NSA, and SportSG. The Athlete is expected to:

- a) Display responsible and exemplary behaviour at all times, on or off the field.
- b) Maintain good conduct and sportsmanship in training, competition, or on duty as a sports ambassador in a manner that does not bring SportSG, the NSA, or Singapore into disrepute and tarnish the image of the Sport.
- c) Compete fairly and abide by rules and the spirit of his sport, and accept victory and defeat with dignity and grace.
- d) Uphold high integrity. Do not engage in match-fixing and/or illegal betting activities. Report any suspicious persons or players who may be involved in match-fixing or illegal betting activities to the authorities. (Read more information from: <https://bas.org.sg/resources/integrity/>)
- e) Behave and dress in a respectable, professional, and sporting manner when representing Singapore both in and out of competition.

- f) Be responsible for maintaining an environment that is fair, supportive, equitable, and free from harassment and abuse.
 - g) Not engage in any sexual, physical, and/or psychological misconduct under Article 4 of the Safe Sport Unified Code.
 - h) Not engage in activities that may violate the laws of Singapore or those of any other country where training or competition is held.
 - i) Obtain prior consent and approval of the NSA and SportSG before engaging directly/indirectly in any occupation, business, or trade, including product endorsements and sponsorship agreements.
 - j) Do not make any public statement which is derogatory of SportSG, the NSA, or any of the bodies working to promote sport in Singapore, nor make any critical statement or disparaging remarks in respect of another sporting competitor on a personal basis.
 - k) Fair comment about a fellow competitor made honestly and without the use of offensive language and related to the sporting event/competition or the sport where the substance of the comment is known (or can be shown) to be true will not constitute a critical statement or disparaging remark for this Agreement.
 - l) Always obey the instructions given by the Team Manager during an overseas trip.
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8. Compliance with the Safe Sport Unified Code

In playing his part to maintain an environment that is free from abuse and harassment, the Athlete agrees:

- a) To be responsible for knowing the behaviours that constitute misconduct under the Safe Sport Unified Code, the Athlete's Code of Conduct and relevant Safe Sport policy (e.g. NSA, Singapore National Olympic Council, Singapore National Paralympic Council).
- b) To comply with his obligations and avoid any behaviours that would constitute misconduct under the codes and policies at Clause 7.1(a) above.
- c) To complete the Safe Sport training and education required from time to time by SportSG, the Singapore National Olympic Council, and/or the Singapore National Paralympic Council.
- d) To submit to the processes for the resolution of any alleged breach of the Safe Sport Unified Code, which have been delegated by SportSG, NSA and/or the Singapore National Olympic Council to the designated investigative or disciplinary bodies under the Safe Sport Programme.
- e) That SportSG shall have the discretion to recognise decisions, measures, and/or sanctions imposed through the processes set out in the Safe Sport Programme in determining the appropriate action to be taken in the event the Athlete breaches the Safe Sport Unified Code.

9. Breaches and Disciplinary Action

Any breach of this Code may result in disciplinary measures, including but not limited to:

- Verbal or written warnings;
- Suspension or withdrawal from training or competition;
- Suspension or termination of athlete support or funding (i.e., training allowance, overseas travel opportunities, etc);
- Referral to relevant authorities for further actions to be taken.