

SG-COACH INTEGRATED LEVEL 1 BASKETBALL



Course Schedule

Venue: Singapore Basketball Centre

Day, Date	Time	Topic
Wed 24/2/2021	1830-2000 2030-2200	<ul style="list-style-type: none"> • Course Expectations, Outline and Resources • Introduction to Coaching (Part 1) – Roles and Values
Sat 27/2/2021	0830-1000 1030-1200	<ul style="list-style-type: none"> • Introduction to Coaching (Part 2) – Know and How • Development • Management
Wed 3/3/2021	1830-2000 2030-2200	<ul style="list-style-type: none"> • Game-Based Coaching • Offensive Individual Fundamental Skills (Part 1)
Sat 6/3/2021	0830-1000 1030-1200	<ul style="list-style-type: none"> • Offensive Individual Fundamental Skills (Part 2)
Wed 10/3/2021	1830-2000 2030-2200	<ul style="list-style-type: none"> • Defensive Individual Fundamental Skills
Sat 13/3/2021	0830-1000 1030-1200	<ul style="list-style-type: none"> • Values and Principles / Games for Life (I) <p>*Compulsory to attend</p>
Wed 17/3/2021	1830-2000 2030-2200	<ul style="list-style-type: none"> • Offensive Team Tactics and Strategies (Part 1)
Sat 20/3/2021	0830-1000 1030-1200	<ul style="list-style-type: none"> • Offensive Team Tactics and Strategies (Part 2)
Wed 24/3/2021	1830-2000 2030-2200	<ul style="list-style-type: none"> • Introduction to Basketball • FIBA Rules
Sat 27/3/2021	0830-1000 1030-1200	<ul style="list-style-type: none"> • Defensive Team Tactics and Strategies (Part 1)
Wed 31/3/2021	1830-2000 2030-2200	<ul style="list-style-type: none"> • Defensive Team Tactics and Strategies (Part 2)
Mon 5/4/2021	1830-2000 2030-2200	<ul style="list-style-type: none"> • Game Coaching and Analysis
Wed 7/4/2020	1830-2000 2030-2200	<ul style="list-style-type: none"> • Written Assessment
Sat 10/4/2021	0900-1500	<ul style="list-style-type: none"> • Practical Assessment

Note:

Participants are grouped into 2 groups. Participants would come in at staggered time in groups. Each session would be 1.5 hours and there would be a 30 minutes interval break to facilitate the change of groups.

If you are unwell or have flu-like symptoms, kindly inform BAS staff in advance and we will make other arrangements.